STRATEGICALLY HUMAN™

THE CONFIDENT LEADER™

A 3-Day Human-First Leadership Intensive

Lead Boldly. Care Deeply. Succeed Together.

3 DAYS	UP TO 15 LEADERS	$7,250
Interactive leadership development	Private organizational cohort	Founding Client Rate

Leadership is not about having every answer. It is about knowing yourself, influencing with integrity, and staying human when the pressure rises.

The Confident Leader™ equips managers and emerging leaders with practical tools for communication, coaching, accountability, difficult conversations, resilience, and stronger workplace culture.

DAY 1
LEAD YOURSELF

Self-awareness • Emotional intelligence • Communication • Human-first leadership

- ✓ Leadership baseline
- ✓ Leader in the Mirror
- ✓ Trigger → Response → Impact
- ✓ The Invisible Employee

DAY 2
LEAD OTHERS

Influence • Coaching • Buy-in • Difficult conversations • H.E.A.R.T.™

- ✓ Five currencies of influence
- ✓ Resistance is information
- ✓ H.E.A.R.T.™ practice lab
- ✓ Real conversation planner

DAY 3
LEAD THROUGH PRESSURE

Accountability • Conflict • Resilience • Culture • 90-day action

- ✓ Pressure-pattern mapping
- ✓ Compassion + accountability
- ✓ Conflict without casualties
- ✓ 90-Day Leadership Blueprint

PARTICIPANTS LEAVE READY TO

- ✓ Recognize leadership strengths, triggers, and blind spots
- ✓ Communicate across personalities and difficult situations
- ✓ Build influence without relying only on authority
- ✓ Coach employees toward ownership and growth
- ✓ Use the H.E.A.R.T.™ Framework for difficult conversations
- ✓ Balance empathy with clear accountability
- ✓ Handle conflict earlier and more constructively
- ✓ Lead with intention during stress, change, and uncertainty

PROGRAM INCLUDES

- ✓ Pre-program participant survey
- ✓ Three facilitated interactive training days
- ✓ 37-page Confident Leader™ Participant Workbook
- ✓ Leadership self-assessment + reflection tools
- ✓ H.E.A.R.T.™ quick guide and practice exercises
- ✓ Difficult Conversation Planner + coaching tools
- ✓ Personal 90-Day Leadership Blueprint
- ✓ 30-day follow-up session
- ✓ Program completion summary for the organization

DESIGNED FOR

Supervisors • Emerging Leaders • Managers • Department Heads • HR Professionals • School Administrators • Nonprofit Leaders • Small-Business Owners

BUILD CONFIDENT LEADERS WITHOUT LOSING THE HUMAN BEING AT THE CENTER.

StrategicallyHuman.co

Leadership development and workplace education. Program content is not legal, medical, or clinical advice.